**Case Study 3: AT Category: Learning, Cognition, Development - ORGANIZATION**

**S**tudent – a high school senior with ADHD was taking several advanced placement classes and maintaining involvement in numerous school clubs and athletics. He was finding it more difficult to self-monitor his distractibility issues.   
**E**nvironments – regular education classroom, home, etc.  
**T**asks – concentrating on homework, reading, math, tests, without being distracted.   
**T**ools – (ideas are below)

STEP 1: Based on S-E-T data, enter descriptors or functions needed by the student across the shaded top row - 1 descriptor per column   
STEP 2: Enter promising tools in the shaded left column - 1 tool per row  
STEP 3: Note whether each tool matches a descriptor by placing an “X” in each of the applicable white boxes

**Low-Tech Mid-Tech High-Tech**

headphones, seating options, vibrating pillow, Time Timer

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Descriptors | **Block noise** | **Needs stimulus to stop fidgeting** | **Aware of timed activity** | **Concentrate on homework** |  |
| Tools |
| Headphones  ear buds | X |  |  | X |  |
| Seating options, ball, vibrating pillow |  | X | X | X |  |
| Time timer |  |  | X | X |  |