**Case Study – AT Category: Daily Living (HAAT)**

**H**uman – Person with increased muscle tone on left side of body after a stroke; unable to use left hand functionally

**A**ctivity – cooking

**A**ssistive **T**echnology – adapted kitchen utensils

Context – home kitchen

## **No- to Low-Tech Mid-Tech High-Tech**

L-shaped knife – rocking knife – double spatula – EZ flip spatula – kitchen roll-about – potato peeling gloves – cutting board with food stabilizer

STEP 1: Based on S-E-T data, enter descriptors or functions needed by the student across the shaded top row - 1 descriptor per column

STEP 2: Enter promising tools in the shaded left column - 1 tool per row

STEP 3: Note whether each tool matches a descriptor by placing an “X” in each of the applicable white boxes

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Descriptors** | For food prep | For cooking | Can be used one-handed |  |  |  |
| **Tools** |
| L-shaped knife | x |  | X |  |  |  |
| rocking knife | x |  | x |  |  |  |
| double spatula |  | x | x |  |  |  |
| EZ flip spatula |  | X | X |  |  |  |
| kitchen roll-about | X |  | X |  |  |  |
| potato peeling gloves | X |  | X |  |  |  |
| cutting board with food stabilizer | X |  | X |  |  |  |