

Case Study – AT Category: Daily Living (HAAT)

Human – Person with increased muscle tone on left side of body after a stroke; unable to use left hand functionally

Activity – cooking

Assistive Technology – adapted kitchen utensils

Context – home kitchen

No- to Low-Tech

Mid-Tech



High-Tech



STEP 1: Based on S-E-T data, enter descriptors or functions needed by the student across the shaded top row - 1 descriptor per column

STEP 2: Enter promising tools in the shaded left column - 1 tool per row

STEP 3: Note whether each tool matches a descriptor by placing an “X” in each of the applicable white boxes

Descriptors 	For food prep	For cooking	Can be used one-handed			
Tools 						
L-shaped knife	x		X			
rocking knife	x		x			
double spatula		x	x			
EZ flip spatula		X	X			
kitchen roll-about	X		X			
potato peeling gloves	X		X			
cutting board with food stabilizer	X		X			

Modified from Joy Zabala’s SETT Scaffold for Tool Selection by Oklahoma ABLE Tech

© Joy Zabala (Revised 2005) PERMISSION TO USE OR MODIFY GRANTED IF CREDITS ARE MAINTAINED

SETT forms and additional resources are available for download at <http://www.joyzabala.com>.